

Combatives Course Areas of Expertise

Physical Training and Development
Stand-up Applications
Ground and Clinch Range Techniques
Multiple Attackers Defense
Knife Fighting
Improvised Weapons
Law Enforcement Defensive Tactics
Quick Kill Methods
Adaptive Pre-Mission Training Courses
Scenario-Based Training
Training With Combat Equipment
Psychology of Combat
Testing and Skill Development
Sustained Training
Train-the-Trainer Methodology



Also Offered by The Academy

Adult Mixed Martial Arts (MMA)
Women Only Fighting Classes
Budo Tai Jutsu
Kenpo Jutsu
Kali
Russian Systema
URBAN Fight Fit
Children's Little Rangers MMA Classes
Ages 3-13
Professional Protective Services Training
Club or Bar Bouncer Training

The Academy provides realistic, dynamic, and adaptive military combatives training at client sites worldwide, at Academy locations, and at the sites of our teaming partners. Local Academy facilities include a 15-acre Range Facility and our newest training facility just 200 feet from the Yadkin Gate Entrance to Fort Bragg.

For further information, contact:

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Or

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The Academy of Martial Studies U.R.B.A.N. Military Combatives Course

(Ultimate Reality Based Attack
And Neutralization)



Combat is NOT a Competitive Sport

Teaching combat as if it's a varsity letter sport is not the way to win in today's asymmetrical battle-space. When threat becomes reality, grappling on the ground like a high school wrestler following scripted moves is the last place a combat-ready soldier wants to be. The URBAN combatives course gets down and dirty and deals with real life situations soldiers can't get from detailed textbooks emphasizing rote memorization of complicated moves.

Our uniquely qualified battle-seasoned instructors have no time for academic nonsense. They have extensive experience training Federal and DoD components from the CIA to Special Forces ODA teams in over 56 different countries in combat methods proven effective on the field of battle. And they're dedicated to helping today's soldiers develop instinctive skills that will ensure survival and victory in close-quarter hand-to-hand combat against a determined, fanatical enemy.

In addition, we're fully aware that when our soldiers deploy to a foreign country, they're already outnumbered. So being trained to handle multiple attackers is a must. Our drills focus on enhancing our soldiers' ability to control the fight when outnumbered, giving them a chance to win even in a desperate situation.



Don't Be a Victim!

When you're attacked, you simply don't have the time to figure out the best way to deal with it. In war, fights are never fair, and reacting this way virtually assures you'll become a statistic.

Our combatives instructors will teach you how to be aggressive with or without weapons, with or without gear or body armor. Our trainees don't have to carry a thick, detailed playbook around. We'll prepare you with the tools necessary to win in a no-win situation. If you go to war with a ruck on, we'll show you how to fight with it on.

We teach rough, practical, application-based combat techniques, and help the Warfighter develop both physical and mental skills. Skills that help a soldier deploy like a coiled spring when a threat arises. Take it from us. Our training completely eliminates the frills and lace. We emphasize violence of action and economy of motion.

An added bonus: We don't believe in the "one size fits all" approach to combatives training. Our instructors will work with you ahead of schedule to explore your organization's needs. They're ready, willing, and able to tailor our proven techniques and coursework to specifically target your individual units' mission requirements and likely combat environments.



Combat is NOT a Classroom Seminar

We believe strongly that simply watching a seminar once and then imitating a few moves will not turn a soldier into a warrior. Testing and continuous practice are a must. Our experts understand how to structure DoD skills learning and maintenance programs to incorporate appropriate alteration programming, skill development management, and continuous training to ensure the results are permanent.

We make sure the professional soldier is not afraid of violence and understands the effect it can have on his general well being. Further, The Academy's experts are adept at developing a gut-level understanding of the harshness of combat and how to deal with its aftermath through open and candid discussion from fellow combat veterans.

Our operations experience is as varied as the many threats that face the war fighter today and includes an intimate knowledge of all of the latest training methods and standards. For example, our training includes top-notch instruction in knife fighting, a critical technique often neglected in today's combat training.

Ultimately, The focus is on helping the Warfighter to develop the confidence and skills necessary to achieve domination on the field of battle while minimizing associated risk and exposure.

